



**mission  
inclusion**  
A NEW NAME FOR  
THE LÉGER FOUNDATION

*Putting an end to exclusion*

**Your donation, a key support for people experiencing homelessness\*!**

**\$ 25** = contribute to the food program in a homeless shelter

**\$ 50** = contribute to the prevention of homelessness among at-risk youth in schools

**\$ 100** = contribute to the assistance and support of people experiencing homelessness

**\$ 200** = contribute to keeping people in precarious and homeless situations housed

\*Amounts and examples for information purposes only

# TAKING ACTION TO FIGHT HOMELESSNESS IN QUEBEC

Since 1992, Mission inclusion has supported organizations that use a variety of approaches and interventions to meet the needs of people experiencing homelessness in Quebec.

This is an increasingly complex phenomenon that takes on different forms and different aspects, both in Montreal and elsewhere in the province. Each of these organizations works in its own way with the same objective in mind: to build relationships with these vulnerable people in order to better support them and, ultimately, to help them get out of this very precarious situation.

## Breaking social isolation and fighting homelessness

Given the complexity of the phenomenon, Mission inclusion supports a multitude of actions aimed at improving the living conditions of people experiencing homelessness – shelter and accommodation, access to housing, food security – and at preventing homelessness among young adults in precarious situations – assistance to at-risk youth, support for staying in school, training and professional reintegration, psychosocial support, creation of networks and self-help groups...

**All these initiatives that we support throughout Quebec thanks to your donations allow people who are experiencing great hardships to regain their confidence and (re)take their place in our society.**



« The smaller the community, the more difficult it is to reintegrate a person. But with Mission inclusion, the voice of Côte-Nord is not left out. Their support allows us to take the time to support our people, so they don't return to the street. »

**David Leboeuf**

Executive director, Maison d'hébergement Transit Sept-Îles

Photo left to right: Alexandre Dumas, support worker and David Leboeuf.

# BECAUSE THE STREET SHOULD NEVER BE AN OPTION

With your donation, Mission inclusion supports initiatives that have a lasting impact on the most isolated people.



© Dans la rue



© PAIR

## Nutritional support

Healthy nutrition is essential for proper development. For people experiencing homelessness, hunger is a recurring problem, which is why Mission inclusion supports initiatives that ensure they are fed, such as the cafeteria at the Dans la rue day center, where young people can eat for free and meet with counsellors.

## Emergency shelter

Emergency shelter services are necessary for people experiencing homelessness to temporarily rest in safety and receive support from advocates. The Maison Marie-Frédéric, which we support, offers the only temporary and emergency shelter for young people aged 17-30 in a situation of homelessness in the Quebec City area.

## Early intervention with youth

Prevention is one of the key approaches in the fight against homelessness. Intervention projects with young people in precarious situations make it possible to act on protective factors, thereby reducing their vulnerability. Les Ateliers Speech encourages school perseverance and success through a program based on arts and music in a Trois-Rivières high school.

## Outreach work

The outreach work of the workers is crucial in making the services offered in social reintegration known. The EVIT team at the Maison d'hébergement d'urgence de Valleyfield supports those who are housed in the facility in their efforts.

## Supporting differently

Mission inclusion encourages organizations to be bold in the way they work with people experiencing poverty or homelessness, as PlaMP has done by setting up a drop-in centre where marginalized youth can meet with service providers.

## Housing stability

Another key to breaking the exclusion caused by homelessness is to offer residential stability with assistance or community support. The post-housing intervention of the Auberge sous mon toit, in Granby, offers accommodation to men in difficulty.



Registered Charity  
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**You can help in the fight against homelessness. Be generous!**

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